I Can't Breathe (July 2017) Home

Choreographer: Wil Bos Music: Just A Dream

Type of dance: 2 wall linedance Artist: Carrie Underwood (album: Carnival Ride)

Level: Intermediate BPM: 72 Counts: 56 Dancevideo

Intro: 16 counts on vocals

Fwd, Pivot 3/4 R, Side, Behind, 1/4 L Fwd, Fwd, Rock Fwd Recover, 1/8 L Side/Sweep, Cross, 1/8 R Back x2/Sweep

1RF step forward

2&3LF step forward, L+R ¾ turn right, LF step side

4&5RF cross behind, LF 1/4 left step forward, RF step forward

6&7LF rock forward, RF recover, LF 1/8 left step side and sweep RF forward

8&1RF cross over, LF 1/8 right step back, RF 1/8 right step back and sweep LF forward [7.30]

Cross, 1/8 L Back, 1/4 L Fwd, Rock Fwd Recover, 1/2 R Fwd, Chase 1/2 R, Full Turn L, 1/8 L Side

2&3LF cross over, RF 1/8 left step back, LF 1/4 left step forward

4&5RF rock forward, LF recover, RF ½ right step forward

6&7LF step forward, L+R ½ turn right, LF step forward

8&1RF ½ left step back, LF ½ left step forward, RF ½ left step side [1.30]

Back, Back, ¼ L Fwd, Step Lock Step Fwd, Rock Fwd Recover, Rock Side Recover, Sailor Cross ½ L

2&3LF step back, RF step back, LF 1/4 left step forward

4&5RF step forward, LF lock behind, RF step forward

6&7&LF rock forward, RF recover, LF rock side, RF recover

8&1LF ½ left cross behind, RF step beside, LF cross over [4.30]

Prissy Walk x2, Rock Across Recover, 1/8 R NC Basic, Side, Sailor 1/4 R

2-3RF step across, LF step across

4&5RF rock across, LF recover, RF 1/8 right big step side

6&7LF rock behind, RF recover, LF big step side

8&1RF ¼ right cross behind, LF step beside, RF step slightly forward [9]

Cross, 1/8 L Back, Back, Step Lock Step Bkw, Rock Back Recover, 1/8 R Side, Sailor 1/4 R

2&3LF cross over, RF 1/8 left step back, LF step back

4&5RF step back, LF lock across, RF step back

6&7LF rock back, RF recover, LF 1/8 right step side

8&1RF ¼ right cross behind, LF step beside *, RF step slightly forward [12]

Rock Fwd Recover, Point, Behind Side Cross, Rock Side Recover, Point, Chassé

2&3LF rock forward, RF recover, LF point side

4&5LF cross behind, RF step side, LF cross over

6&7RF rock side, LF recover, RF point forward

8&1RF step side, LF together, RF step side [12]

Rock Behind Recover, Side, Sailor ¼ R, Pivot ¼ R, Cross, Side, Together

2&3LF rock behind, RF recover, LF step side

4&5RF ¼ right cross behind, LF step beside, RF step slightly forward

6&7LF step forward, L+R ¼ turn right, LF cross over

8&RF step side, LF together [6]

Start again

*Restart: Dance the 2nd wall up to and including count 40& (count 8& of the 5th section) and start again

TAG: After the 4th wall [6]:

Fwd, Chase 1/2 R, Full Turn L, Rock Fwd Recover, Back, Start Coaster

1RF step forward

2&3LF step forward, L+R ½ turn right, LF step forward

4&5RF ½ left step back, LF ½ left step forward, RF step forward

6&7LF rock forward, RF recover, LF step back

8&RF step back, LF together