

Triple Shame

Counts : 32

Walls : 4

Level : intermediate

Music : Shame shame shame by A – teens

Choreographer : Rudy Honing (NL)

Date : April 2018

Section 1 :

Heel Switches, Rockstep, Step back, Heel Swivel, Shuffle forward

- 1&2& R heel forward , Step R next L, L heel forward, Step L next R
- 3 – 4 Rock R forward, Weight back on L
- 5&6 Step R back, Swivel both heels out, Swivel both heels in
- 7&8 Step R forward, Step L next R, Step R forward

Section 2 :

¼ turn R, Toe touch, Chasse Right, ¼ turn R, Swivel, in place, Swivel, Chasse Left

- 1 – 2 Turn ¼ to right & step L to the side, Touch R toe next L
- 3&4 Step R to right, Step L next R, Step R to right
- 5&6& Turn ¼ to right & step L to the side, Swivel R heel (in), Swivel R heel in place, Swivel L heel (in)
- 7&8 Step L to left, Step R next L, Step L to left

Section 3 :

Heel grind cross, back,Side, Heel grind ¼ turn R, Rock back-recover

- 1 – 2 Right heel grind over L, Step L to left
- 3 – 4 Step R behind L, Step L to left
- 5 – 6 Right heel grind ¼ turn to right, Step L back
- 7 – 8 Step R back, Weight back on L

Section 4 :

Shuffle ½ turn L, Touch L toe back, ½ L reverse pivot, Rock R forward, Step back R, Drag L together

- 1&2 Make ½ shuffle left stepping RLR
- 3 – 4 Touch L toe back, Turn ½ left
- 5 – 6 Step R forward, weight back on L
- 7 – 8 Step R back, Drag L next R & put weight on L

Start over

More info : www.honeybeez.nl