

Damned

Choreograaf : Ivonne Verhagen (Nov. 2012)

Soort dans : 4 muurs linedans

Niveau : Beginner

Tellen : 32

Intro: 48 tellen

[Home](#)

Muziek : I'll be Damned

Artiest : Pure Prairie League

Tempo : 120 BPM

[Video](#)

KICK FORWARD, KICK SIDE, SAILOR STEP, KICK FORWARD, KICK SIDE, SAILOR STEP ¼ LEFT

1,2 RF kick forward, RF kick side,

3&4 RF cross behind LF, LF step side, RF step side

5,6 LF kick forward, LF kick side,

7&8 ¼ turn left & LF cross behind RF, RF step side, LF step forward

KICK BALL CHANGE, ROCK STEP, TOUCH HOP STEP, COASTER STEP

1&2 RF kick forward, RF step RF in place, LF step in place

3-4 RF rock forward, LF weight back on LF

5&6 RF touch toe back, LF hop on LF back (& lift RF), RF step back

7&8 LF step back, RF close to LF, LF step forward

STEP, ¼ TURN LEFT, SIDE TOUCH & SIDE TOUCH, ARM MOVEMENT, KNEE UP, ROCK STEP ¼ TURN LEFT

1-2 RF step forward, ¼ turn left & weight on LF

3&4 RF touch toe to the right side, RF step centre, LF touch toe to the left side, weight on LF

5-6 Both arms over your head to the left (make a circle), pull arms in and lift right knee up

7&8 RF rock to the right side, ¼ turn left & weight on LF

SHUFFLE FORWARD, ROCK STEP, COASTER STEP, OUT OUT IN IN

1&2 RF step forward, LF close to RF, RF step forward

3-4 LF rock forward, RF weight back on RF,

5&6 LF step back, RF close to LF, LF step forward

&7&8 RF step out, LF step out, RF step in , LF step in