

Side Effects (July 2023)

Choreographer : Ria Vos

Type of dance : 4 wall line dance

Level : Intermediate

Counts : 32

Intro: 16 counts

[Home](#)

Music : Side Effects

Artist : Becky Hill & Lewis Thompson

BPM : 121

[Dancevideo](#)

R Side, Point Across, Side, Point Behind, Kick-Ball-Cross, ¼ R, ½ R

1-2Step R to R Side, Point L Across R

3-4Step L to L Side, Point R Behind L

5&6Kick R Fwd to R Diagonal, Step on Ball of L Next to R, Cross L Over R

7-8¼ Turn R Step Fwd on R, ½ Turn R Step Back on L (9:00)

Back, Point Fwd, Press, Hitch, L Shuffle Fwd, Full Turn L

1-2Step Back on R, Point L Fwd with Bended Knee (Angle Body R)

3-4Press/Rock L Fwd (Lean Fwd), Recover on R Hitching L (option: Scoot Fwd on R)

5&6Shuffle Fwd Stepping L-R-L

7-8½ Turn L Step Back on R, ½ Turn L Step Fwd on L (9:00)

Fwd, Touch, Hold, & Touch, & ¼ R Point, & Point, ¼ R Hook, Walk R-L

&1-2Step Fwd on R, Touch L Next to R, Hold

&3Step L Slightly to L Back Diagonal, Touch R Next to L

&4¼ Turn R Step R to R Side, Point L to L Side (12:00)

&5-6Step L Next to R, Point R to R Side, ¼ Turn R Hook R Across L (3:00)

7-8Walk Fwd R, Walk Fwd L

Out-Out, Step Back, Swivel Steps Back, Sailor ¼ L, Step Pivot ¾ Turn L

&1-2Step Fwd and Out on R, Step Fwd and Out on L, Step Back on R

3-4Step Back on L Turning R Toe Out, Step Back on R Turning L Toe Out

5&6Step L Behind R ¼ Turn L, Step R Next to L, Step Fwd on L (12:00)

7-8Step Fwd on R, Pivot ¾ Turn L (3:00)

Tag: After wall 4 (12:00)

1-2Press R to R Side (R Shoulder Up), Recover on L (L Shoulder Up)

3-4Drag R Towards L, Touch R Next to L