

Pony Time (August 2023)

Choreographer : Ivonne Verhagen & Michelle Risley

Type of dance : 2 wall line dance

Level : Phrased Improver

Counts : 80

Intro: 8 counts

[Home](#)

Music : Pony Time (Workout Mix)

or: Pony Time - The Timeless Voices

BPM : 159

[Dancevideo](#)

Sequence: A, A, B, B, A, A, A, B

Part A – 48 Counts

SEC 1 Side Shuffle, Back Rock, Side Shuffle, Back Rock

1&2 Step right to right, step left beside right, step right to right

3-4 Rock left back, recover weight onto right

5&6 Step left to left, step right beside left, step left to left

7-8 Rock right back, recover weight onto left

SEC 2 Toe Point, Step, Toe Point, Step. Boogie Walk x4

1-2 Touch right toe forward, Step down on right transferring weight on right

3-4 Touch left toe forward, Step down on left transferring weight on left

5-6 Step right forward pushing both knees to right,

Step left forward pushing both knees to left

7-8 Step right forward pushing both knees to right,

step left forward pushing both knees to left

Styling: 1-4 Lean back slightly, 5-6 Jazz hands

SEC 3 Pivot ½, Hold, Pivot ¼ Hold

1-2 Step forward Right, Hold,

3-4 Pivot Turn ½ Left, Hold, transferring weight on left (6oc)

5-6 Step forward Right, Hold,

7-8 Pivot Turn ¼ left, transferring weight on left (3:00)

SEC 4 Jazzbox Cross, Dwight Steps, Side

1-2 Cross right over left, step left back

3-4 Step right to right, cross left over right

5-6 Touch right beside left, twist left heel to right,

touch right heel beside left twist left toes to right

7-8 Touch right beside left twist left heel to right, step right to right

SEC 5 Diagonal Stomp x2 Hold, Diagonal Stomp x2, Hold

1-2 Stomp left forward to left diagonal, stomp left forward to left diagonal

3-4 Hold for 2 counts

5-6 Stomp right forward to right diagonal, stomp right forward to right diagonal

7-8 Hold for 2 counts

SEC 6 Rock, Hold, Recover, Hold ¼ Slow Weave

1-2 Rock left forward, hold (Arms - Raise both arms forward)

3-4 Recover weight onto right, Hold (Arms Lower both arms)

5-6 Step left back, turn ¼ right step right to right (6:00)

7-8 Cross left over right, hold

Part B – 32 Count

SEC 1 Side, Hold, ¼ Step, Hold, Walk x3, Hold

1-2 Step right to right, hold

3-4 Turn ¼ left step left forward, hold (9:00)

5-6 Step right forward, step left forward

7-8 Step right forward, hold

SEC 2 Step, Hold, ½ Pivot, Hold, Walk x3, Hold

1-2 Step left forward, hold

3-4 Pivot ½ right transferring weight on to right, hold (3:00)

5-6 Step left forward, step right forward

7-8 Step left forward, hold

SEC 3 Toe Strut, ¼ Toe Strut, Toe Strut, ¼ Toe Strut

1-2 Touch right forward, drop right heel transferring weight on right

3-4 Turn ¼ left touch left forward, drop left heel transferring weight on left (12:00)

5-6 Touch right forward, drop right heel transferring weight on right

7-8 Turn ¼ left touch left forward, drop left heel transferring weight on left (9:00)

SEC 4 Strutting Jazzbox Cross

1-2 Touch right over left, drop right heel transferring weight on right

3-4 Touch left back, drop left heel transferring weight on left

5-6 Touch right to right, drop right heel transferring weight on right

7-8 Touch left over right, drop left heel transferring weight on left

Finish – Final B,

Turn The Jazz box ¼ Turn Right to the Front Wall with Jazz Hands ... Ta da!