

I Showed You The Door (January 2024)

Choreographer : Ria Vos

Type of dance : 4 wall line dance

Level : Intermediate

Counts : 64

Intro: 32 counts

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Music : The Door

Artist : Teddy Swims

BPM : 128

[Dancevideo](#)

Heel Grind, Behind Side, Cross Rock, Chasse

1-2Heel Grind R Over L, Step L to L Side

3-4Step R Behind L, Step L to L Side

5-6Cross Rock R Over L, Recover on L

7&8Step R to R Side, Step L Next to R, Step R to R Side

Cross, ¼ L, Rock Back, Full Turn R, Step Scuff

1-2Cross L Over R, ¼ Turn L Step Back on R (9:00)

3-4Rock Back on L, Recover on R

5-6½ Turn R Step Back on L, ½ Turn R Step Fwd on R

7-8Step Fwd on L, Scuff R Next to L

Jazz Box Cross ¼ R, Kick, Behind, Side, Cross

1-2Cross R Over L, ¼ Turn R Step Back on L (12:00)

3-4Step R to R Side, Cross L Over R

5-6Kick R to R Diagonal, Step R Behind L

7-8Step L to L Side, Cross R Over L

Swivels L, Hitch, Side, Hitch ½ L, Side, Scuff

1-2Step L Next to R, Swivel Heels L

3-4Swivel Toes L, Hitch R

5-6Step R to R Side, Hitch L Turning ½ L (6:00)

7-8Step L to L Side, Scuff R Next to L *****Restart Point**

1/8 L Step, Lock, Step Lock Step, Rock Fwd, Back, ¼ L Point

1-21/8 L Step Fwd on R, Lock L Behind R (4:30)

3&4Step Fwd on R, Lock L Behind R, Step Fwd on R

5-6Rock Fwd on L, Recover on R

7-8Step Back on L (dip down) ¼ L, Point R to R Side (come up) (1:30)

Hip Bumps, ¼ R, Hitch ½ R, Back, Drag, Rock Back

1-2Bump R to R Side, Bump L to L Side

3-4¼ Turn R Step Fwd on R, Hitch L into ½ Turn R (10:30)

5-6Step Back on L, Drag R Towards L

7-8Rock Back on R, Recover on L

Hip Turn ½ L, Hip Turn ½ L, Rocking Chair

1-2Step on R Toe Fwd with Hip Bump, Recover, ½ Turn L Step Back on R (4:30)

3-4Step on L Toe Back with Hip Bump, Recover, ½ Turn L Step Fwd on L (10:30)

5-6Rock Fwd on R, Recover on L

7-8Rock Back on R, Recover on L

1/8 L Side, Behind, ¼ R, Step Pivot ½ R, Step Fwd, ½ L, ¼ L

1-21/8 Turn L Step R to R Side, Step L Behind R (9:00)

3-4¼ Turn R Step Fwd on R, Step Fwd on L (12:00)

5-6Pivot ½ Turn R, Step Fwd on L (6:00)

7-8½ Turn L Step Back on R, ¼ Turn L Step to L Side (9:00)

Restart: Wall 2 After 32 Counts (3:00)