

From The Outside (August 2025)

Choreographer : Ria Vos

Type of dance : 2 wall line dance

Level : Intermediate

Counts : 64

Intro: 16 counts

[Home](#)

Music : The Outside

Artist : Alex Warren

BPM : 144

[Dancevideo](#)

Stomp, Kick-Ball-Step, Walk, Rock Fwd, ½ L, ¼ L

1-2& Stomp R Next to L, Kick R Fwd, Step on Ball of R Next to L

3-4 Step Fwd on L, Step Fwd on R

5-6 Rock Fwd on L, Recover on R

7-8 ½ Turn L Step Fwd on L, ¼ Turn L Step R to R Side (3:00)

Behind, Hitch, Behind, Side, Cross Rock, Point, ¼ R

1-2 Step L Behind R Dipping Down, Hitch Rondé R Front to Back Coming Up

3-4 Step R Behind L, Step L to L Side

5-6 Cross Rock R Over L, Recover on L

7-8 Point R to R Side, ¼ Turn R Keeping Weight on L (R is Pointed Fwd) (6:00)

Hitch, Back, Swivel, Hitch Back, Swivel

1-2 Hitch R, Step Back on R

3-4 Swivel Heels Out to L Side, Swivel Heels Back to Center (weight on R)

5-6 Hitch L, Step Back on L

7-8 Swivel Heels Out to R Side, Swivel Heels Back to Center (weight on L)

Rock Back, Run, Run, Step Fwd, Hold, Run, Run (making ¾ Arc Turn L)

1-2 Rock Back on R, Recover on L

3-4 (Start your ¾ Arc Turn L) 'Run' Fwd R, L

5-6 Step Fwd on R, Hold

7-8 (Complete your ¾ Arc Turn L) 'Run' Fwd L, R (9:00)

Step Fwd, Hold, Step Pivot ½ Turn L, Step Fwd, Hold, ½ R, ¼ R

1-2 Step Fwd on L, Hold

3-4 Step Fwd on R, Pivot ½ Turn L (3:00)

5-6 Step Step Fwd on R, Hold

7-8 ½ Turn R Step Back on L, ¼ Turn R Step R to R Side (12:00)

Cross Rock, Side, Cross, Slide, Rock Back

1-2 Cross Rock L Over R, Recover on R

3-4 Step L to L Side, Cross R Over L

5-6 Slide L to L Side, Drag R Towards L

7-8 Rock Back on R, Recover on L

½ Turn L w/Sweep-Rondé, Side, Cross, ½ Turn R w/Sweep-Rondé, Side, Cross

1-2 ¼ Turn L Step Back on R, Sweep Rondé L ¼ Turn L (6:00)

3-4 Step L to L Side, Cross R Over L

5-6 ¼ Turn R Step Back on L, Sweep Rondé R ¼ Turn R (12:00)

7-8 Step R to R Side, Cross L Over R

Side, Touch, Sway-Sway, ¼ L, Scuff, Step Pivot ¼ Turn L

1-2 Step R to R Side, Touch L Next to R

3-4 Step and Sway L to L Side, Sway R

5-6 ¼ Turn L Step Fwd on L, Scuff R Next to L (9:00)

7-8 Step Fwd on R, Pivot ¼ Turn L (6:00)

No Tags, No Restart