

**Like A Hula Hula Hoop** (Sept. 2015)

Choreographer : Wil Bos & Dwight Meessen

Type of dance : 4 wall linedance

Level : Phrased Easy Intermediate

Counts : 64

Intro: 32 counts

Sequence: AA, BB, A16, AA, BB, A, Tag, BB, A, Ending

**Buy music iTunes: [Hula Hoop - Omi](#)**

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Music : Hula Hoop

Artist : Omi (single)

[Dancevideo](#)

[www.wbos.nl](http://www.wbos.nl)

**PART A – 32 counts**

**A1: Rock Side Recover, Close, Rock Side Recover, Close, Rock Fwd Recover, Shuffle ½ Turn R**

1-2RF rock side, LF recover

&3-4RF together, LF rock side, RF recover

&5-6LF together, RF rock forward, LF recover

7&8RF ¼ right step side, LF step beside, RF ¼ right step forward [6]

**A2: Cross, ¼ Turn L Back, Coaster, Fwd, Hold, Ball, Walk x2**

1-2LF cross over, RF ¼ left step back

3&4LF step back, RF together, LF step forward

5-6RF step forward, hold

&7-8LF together, RF step forward, LF step forward [3]

**A3: Rock Fwd Recover, Triple Full Turn R, Side Point x2**

1-2RF rock forward, LF recover

3&4RF ½ right step in place, LF step beside, RF ½ right step in place

5-8LF step side, RF point side, RF step side, LF point side [3]

**A4: Diag. Rock Back Recover, Shuffle Fwd, Pivot ½ Turn L, Rock Fwd Straightening Up Recover**

1-2LF ⅛ left rock back, RF recover

3&4LF step forward, RF step beside, LF step forward

5-6RF step forward, R+L ½ turn left

7-8RF rock forward, LF ⅛ right recover [9]

**PART B – 32 counts**

**B1: Rolling Vine, Point Clap (x2)**

1-4RF ¼ right step forward, LF ½ right step back, RF ¼ right step side, LF point side and clap

5-8LF ¼ left step forward, RF ½ left step back, LF ¼ left step side, RF point side and clap

**B2: Hip Bumps, Hip Rolls**

1-4RF step side and bump hips right, hips right, hips left, hips left

5-8roll hips cw in 2 counts, roll hips cw in 2 counts

**B3: Pivot ½ Turn L x2, Rocking Chair**

1-4RF step forward, R+L ½ turn left, RF step forward, R+L ½ turn left

5-8RF rock forward, LF recover, RF rock back, LF recover

**B4: Hip Bumps, Hip Rolls**

1-4RF step side and bump hips right, hips right, hips left, hips left

5-8roll hips cw in 2 counts, roll hips cw in 2 counts

**TAG: Side Rock Recover, Back Rock Recover**

1-4RF rock side, LF recover, RF rock back, LF recover

**Ending: End after the last part A with:**

1-3RF rock forward, LF recover, RF ½ right step forward [12]