

Country & High Heels (Dec. 2015)

Choreographer : Francien Sittrop

Type of dance : 4 wall linedance

Level : Improver

Counts : 32

Intro: 16 counts

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Music : Country Ain't Never Been Pretty

Artist : Cam

[Dancevideo](#)

[1 – 8] Cross Rock , Recover, Side Shuffle, Cross, Side , Sailorstep ¼ L

1 – 2Rock R across L, Recover on L

3 & 4Step R to R side, Step L next to R, Step R to R side

5 – 6Step L across R, Step R to R side

7 & 8Sweep L behind R with ¼ Turn L and step L back, Step R next to L, Step L fwd (09.00)

[9-16] Jump (travelling fwd) Out Out Clap x2 Hip bumps x2

&1-2Jump fwd with R out, L out, Clap

&3-4Jump fwd with R out , L out, Clap

5 & 6Bump hips R,L,R

7 & 8Bump hips L,R,L ****R****

[17-23] Rock fwd, Recover, Shuffle ½ R, Step fwd, ½ L step Back, Coaster step

1 – 2Rock R fwd, Recover on L

3 & 4Step R ¼ Turn R, Step L next to R, ¼ Turn Step R fwd (03.00)

5 – 6Step L fwd, ½ Turn L step R back (09.00)

7 & 8Step L back, Step R next to L, Step L fwd

[24-32] Rocking Chair, Vine L

1 – 2Rock R fwd, Recover on L

3 – 4Rock R back , Recover on L

5 – 6Step R across L, Step L to L side

7 – 8Step R behind L, Step L to L side

Start again

Restarts : **R******

During wall 5, 8, 11 after count 16. Start again with count 1

Ending: Last wall ends on the 3 O'clock wall

Dance until count 14 then make ¼ Turn L to face the front wall again