

Blame It On My Heart

Choreographer : Ria Vos (Oktober 2016)

Type of dance : 4 wall linedance

Level : Intermediate

Counts : 64

Intro: 4 counts

[Home](#)

Music : Blame It On My Heart

Artist : Karmin, Album: Leo Rising

[Dancevideo](#)

Step, Kick-Ball Change, Hitch, Point Back, ½ Turn R, Shuffle ½ Turn R

1Step Fwd on L

2&3Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L

4Hitch R Fwd

5-6Point R Back, ½ Turn R Stepping weight on R

7&8Shuffle ½ Turn R Stepping L-R-L

¼ R, Point, Full Turn L, Hold, & Side Touch

1-2¼ Turn R Step R to R Side, Point L to L Side

3-4¼ Turn L Step Fwd on L, ½ Turn L Step Back on R

5-6¼ Turn L Step L to L Side, Hold

8&7-8Step R Next to L, Step L to L Side, Touch R Next to L

Point R, ¼ R Together, Side Rock-Cross, -Repeat

1-2Point R to R Side, ¼ Turn R Step R Next to L

3&4Rock L to L Side, Recover on R, Cross L Over R

5-6Point R to R Side, ¼ Turn R Step R Next to L

7&8Rock L to L Side, Recover on R, Cross L Over R

Side, Drag, Ball-Cross, Side Rock, & Fwd Rock, Step Back

1-2&Step R Long Step to R Side, Drag L Towards R, Step L Next to R

3Cross R Over L

4-5&Rock L to L Side, Recover on R, Step L Next to R

6-7-8Rock Fwd on R, Recover on L, Step Back on R

½ Turn L Step Fwd, Kick/Sweep, Cross, Back, Side, Cross, Hold, Ball-Cross, Unwind 5/8 Turn L

1-2&½ Turn L Step Fwd on L, Kick/Sweep R Fwd, Cross R Over L

3-4Step Back on L, Step R to R Side

5-6Cross L Over R, Hold

8&7-8Step on Ball of R to R Side, Cross L Over R, Unwind 5/8 Turn R (weight R, facing 11:30)

*****Restart Point**

Step, Lock, Lock Step, Rock Fwd, & Back with Touch, & Back with Touch

1-2Step Fwd on L, Lock R Behind L

3&4Step Fwd on L, Lock R Behind, Step Fwd on L

5-6Rock Fwd on R, Recover on L

8&7Step R Small Step Back to R Diagonal, Point L Slightly Fwd

8&8Step L Small Step Back to L Diagonal, Point R Slightly Fwd

Rock Back, ½ Turn L, Rock Back, ½ Turn R, Shuffle ½ Turn R

1-2-3Rock Back on R, Recover on L, ½ Turn L Step Back on R

4-5-6Rock Back on L, Recover on R, ½ Turn R Step Back on L

7&8Shuffle ½ Turn R Stepping R-L-R (facing 4:30)

1/8 Turn R Side, Touch, Kick-Ball-Cross, Sway R-L-R, ¼ Turn L Hitch L

1-21/8 Turn L Step L to L Side, Touch R Next to L (6:00)

3&4Kick R Fwd, Step R Next to L, Cross L Over R

5-6Step and Sway R to R Side, Sway L

7-8Sway R, ¼ Turn L Hitch L (bend backwards slightly)

Restart: On wall 2 After count 40: Turn 1/8 R to 3:00 and start again

Ending: Replace count 16 with R Touch Behind, Unwind ½ Turn R to end facing front