

Swing

Choreograaf : Daan Geelen and Tommie Nijhuis

Soort dans : 4 muurs linedans

Niveau : Easy improver

Tellen : 32

Start on vocals

www.allcountry.eu

Muziek : Swing

Artiest : Tracy Adkins

Section 1 Syncopated Side Swingrocks, Sailorstep, Ball Slide.

1 & 2 Step R to right side & swing body to right, Swing body back to left

& 3 & 4 Close R next to L, Step L to left side & swing body to left, Swing body to right

5 & 6 Step L behind R, Close R next to L, Step L to left side

& 7 & 8 Close R next to L, Step L to left side, Slide R next to L

Section 2 Heel Switches ¼ turn, Rockstep, Coasterstep.

1 & 2 Dig R Heel Forward, Close R next to L, Dig L Heel Forward

& 3 Close L next to R, ¼ turn Right, Dig R Heel Forward

& 4 Hook R in front of L, Dig R Heel Forward

& 5 & 6 Close R next to L, Rock L Forward, Recover to R

7 & 8 Step L back, Close R next to L, Step L Forward

Section 3 Shuffle ¼ turn, Shuffle ¼ turn, Jazzbox.

1 & 2 Step R ¼ turn to the Right Side, Close L next to R, Turn ¼ L Step R back

3 & 4 Turn ¼ Left step L to Left Side, Close R next to L, Step L to Left Side

5 & 6 Cross R in front of L, Step L Back

7 & 8 Step R to Right Side, Step L Forward

Section 4 Syncopated Heel Jacks ¼ turn, Syncopated Wizard Steps.

& 1 Step R to Right Side, Dig L Heel Diagonal Forward

& 2 Close L next to R, Cross R in front of L

& 3 Step L to Left Side, Dig R Heel Diagonal Forward

& 4 Close R next to L, Step L ¼ turn Right Forward

5 & 6 Step R Diagonal Forward, Lock L behind R

& 7 Close R next to L, Step L Diagonal Forward

& 8 Lock R behind L, Step L to the Left Side

Start Again Enjoy!