

Quicksand

Choreografie : Francien Sittrop (April 2015)

Soort dans : 4 muurs linedans

Niveau : Intermediate

Tellen : 64

Intro: Start after 16 Counts from the beginning

www.allcountry.eu

Muziek : Quicksand

Artiest : Caro Emerald

Website : www.franciensittrop.nl

Koop muziek iTunes: [Quicksand - Caro Emerald](#)

1 – 8 Side, Rock Back, Recover, Kick Ball Cross, Side, Behind , Side, Cross

1 – 3 Step L to L side, Rock R back, Recover on L

4 & 5 Kick R fwd, Step R down, Step L across R

6 Step R to R side

7 & 8 Step L behind R, Step R to R side, Step L across R

9-16 Rock Back, Recover, Behind, ¼ Turn L, Step fwd, Rock fwd, Recover, Coaster Cross

1 – 2 Rock R to R side, Recover on L

3 & 4 Step R behind L, ¼ Turn L step L fwd, Step R fwd (09.00)

5 – 6 Rock L fwd, Recover on R

7 & 8 Step L back , Step R next to L, Step L across R

17-24 Side, Together, Side Shuffle, Cross Rock , Recover, Shuffle ¼ Turn L

1 – 2 Step R to R side, Step L next to R

3 & 4 Step R to R side, Step L next to R, Step R to R side

5 – 6 Rock L across R, Recover on R

7 & 8 L step L fwd, Step R next to L, ¼ Turn Step L fwd (06.00)

25-32 Shuffle ½ Turn L x2, Rock fwd, Recover, Coaster Cross

1 & 2 ¼ Turn L step R to R side, Step L next to R, ¼ Turn L step R back

3 & 4 ¼ Turn L step L to L side, Step R next to L, ¼ Turn L step L fwd (06.00)

5 – 6 Rock R fwd, Recover on L

7 & 8 Step R back, Step L next to R , Step R across L

33-40 Back , Heel fwd ,Hold, Ball Cross, Side, Sailor step ¼ Turn L, Skates R-L

& 1 Step L back, Touch R heel fwd

2 Hold (while you lean your body diagonally L back)

&3-4 Step R next to L, Step L across R, Step R to R side

5 & 6 Sweep L behind R with ¼ Turn L, Step R next to L , Step L fwd (03.00)

7 – 8 Skate R fwd, Skate L fwd

41-48 Syncopated Jazz Box ¼ Turn R, Behind , Side, Cross, ¼ Turn R, Touch

1-2& Step R across L, ¼ Turn R step L back, Step R next to L (06.00)

3 – 4 Step L across R, Step R to R side

5 & 6 Step L behind R, Step R to R side, Step L across R

7 – 8 ¼ Turn R step R fwd, Touch L behind R (09.00) ****R****

49-56 Lock steps back x2, Full Turn L with 2 walks and Shuffle

1 & 2 Step L back, Lock R in front of L, Step L back

3 & 4 Step R back, Lock L in front of R, Step R back

5 – 6 ¼ Turn L step L to L side, ¼ Turn L step R fwd

7 & 8 ¼ Turn L step L to L side, Step R next to L , ¼ Turn L step L fwd (09.00)

57-64 Rock fwd, Recover , Rock Side, Recover, Behind, Side, Cross, Touch, Flick

1 – 2 Rock R fwd, Recover on L

3 – 4 Rock R to R side, Recover on L

5 & 6 Step R behind L, Step L to L side, Step R across L

7 – 8 Touch L to L side, Flick L behind R

Restart : During wall 2 & 4 after count 48 Start again with count 1

Tag : after wall 5

1 – 8 Side, Rock back, Recover x2 ,Touch , Flick

1 – 3 Step L to L side, Rock R back, Recover on L

4 – 6 Step R to R side, Rock L back, Recover on R

7 – 8 Touch L to L side, Flick L behind R

Ending: Last Wall starts on the back. Dance until count 44 (Syncopated Jazzbox).