

Be Glorious

Choreograaf : Francien Sittrop (Febr. 2013)

Soort dans : 4 muurs linedans

Niveau : Intermediate

Tellen : 64

Intro: 16 tellen

www.allcountry.eu

Muziek : Glorious (Video Edit)

Artiest : Cascada

Tempo : 127 BPM

1 – 8 Walks fwd R, L, Kickball Step, Jazz box ¼ R

1 – 2 R step fwd, L step fwd

3 & 4 R Kick fwd, R step down, L step fwd

5 – 8 Step R across L, Step L back, ¼ R step R to R side, Step L fwd (03.00)

9-16 ½ Monterey Turn R , Touch Flick , Chasse ¼ R, Rock Recover

1 – 2 R point to R side, ½ Turn L step R next to L (09.00)

3 – 4 L point to L side, Flick L back

5 & 6 Step L to L side, Step R next to L, ¼ Turn R step L back (12.00)

7 – 8 R rock back, Recover on L

17-24 Samba Step, Cross Point , Step fwd, ¼ Turn L, Behind Side

1 & 2 Step R Across L, L rock to L side, Recover on R

3 – 4 Step L across R, Point R to R side

5 – 6 Step R fwd (in front of L), Make on Ball of Both feet ¼ Turn L (09.00)

7 – 8 Step L behind R, Step R to R side

25-32 Step fwd, ½ Turn R, Rock back Recover, Step fwd, ¼ Turn R point, Shuffle fwd

1 – 2 Step L fwd (in front of R), Make on Ball of Both feet ½ Turn R (03.00)

3 - 4 Rock R back, Recover on L

5 – 6 Step R fwd, ¼ R point L to L side (06.00)

7 & 8 Step L fwd, Step R next to L , Step L fwd

33-40 Syncopated Rock Steps x2, Rock fwd Recover, Touch back, ¾ Turn R

1-2& Rock R fwd, Recover on L , Step R next to L

3-4& Rock L fwd, Recover on R, Step L next to R

5 – 6 Rock R fwd, Recover on L

7 – 8 Touch R back, Make ¾ Turn R (03.00)

41-48 Side Touch, Kickball Cross x2

1 – 2 Step L to L side, Touch R behind L (facing Diag R)

3 & 4 Kick R fwd, Step R down , Step L across R

5 – 6 Step R to R side, Touch L behind L (facing Diag L)

7 & 8 Kick L fwd, Step L down , Step R across L

49-56 Side Behind, ¼ L with Shuffle, Step fwd Pivot ½ L, Shuffle fwd

1 – 2 Step L to L side, Step R behind L

3 & 4 ¼ L step L fwd, Step R next to L, Step L fwd (12.00)

5 – 6 Step R fwd, Pivot ½ Turn L (06.00)

7 & 8 Step R fwd, Step L next to R , Step R fwd

57-64 Step fwd with Knee Pops x2, Rock Recover, Sailor ¼ L

1 & 2 Step L fwd, Pop both Heels up and Down

3 & 4 Step R fwd, Pop both Heels up and Down

5 – 6 Rock L fwd, Recover on R

7 & 8 Sweep L behind R with ¼ Turn L, Step R to R side, Step L to L side (03.00)

Start again